

Why sustainable population growth is a key to climate change and public health equity

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Abstract:

Australia's population could reach 42 million by 2050. This rapid population growth, if unabated, will have significant social, public health and environmental implications. On the one hand, it is a major driver of climate change and environmental degradation; on the other it is likely to be a major contributor to growing social and health issues including a decline in quality of life for many residents. Disadvantaged and vulnerable groups will be most affected. The environmental, social and health-related issues include: pressure on the limited arable land in Australia; increased volumes of industrial and domestic waste; inadequate essential services; traffic congestion; lack of affordable housing; declining mental health; increased obesity problems; and inadequate aged care services. Many of these factors are related to the aggravation of climate change and health inequities. It is critical that the Australian Government develops a sustainable population plan with stabilisation of population growth as an option. The plan needs to ensure adequate hospitals and healthcare services, education facilities, road infrastructure, sustainable transport options, water quality and quantity, utilities and other amenities that are already severely overburdened in Australian cities. There is a need for a guarantee that affordable housing will be available and priority be given to training young people and Indigenous people for employment. This paper presents evidence to support the need for the stabilisation of population growth as one of the most significant measures to control climate change as well as to improve public health equity.

Source: Ask your librarian to help locate this item.

Resource Description

Exposure: M

weather or climate related pathway by which climate change affects health

Human Conflict/Displacement, Unspecified Exposure

Geographic Feature: **№**

resource focuses on specific type of geography

Urban

Geographic Location:

resource focuses on specific location

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Non-United States

Non-United States: Australasia

Health Co-Benefit/Co-Harm (Adaption/Mitigation): M

specification of beneficial or harmful impacts to health resulting from efforts to reduce or cope with greenhouse gases

A focus of content

Health Co-Benefit/Co-Harm (Family Planning/Population Reduction): ■

specification of beneficial or harmful impacts to health resulting from efforts to promote family planning or reduce population growth as a climate change adaptation or mitigation measure

A focus of content

Health Impact: M

specification of health effect or disease related to climate change exposure

General Health Impact, Mental Health/Stress

Mental Health Effect/Stress: Mood Disorder

Mitigation/Adaptation: ™

mitigation or adaptation strategy is a focus of resource

Adaptation, Mitigation

Population of Concern: A focus of content

Population of Concern: M

populations at particular risk or vulnerability to climate change impacts

Elderly, Low Socioeconomic Status

Resource Type: **№**

format or standard characteristic of resource

Review

Resilience: M

capacity of an individual, community, or institution to dynamically and effectively respond or adapt to shifting climate impact circumstances while continuing to function

A focus of content

Timescale: M

time period studied

Time Scale Unspecified

Vulnerability/Impact Assessment: M

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resource focus on process of identifying, quantifying, and prioritizing vulnerabilities in a system A focus of content